



Phillip Wain Club Information

By Phillip Wain International
Iris Mak
Tel: 2975 3864
Fax: 2377 1991
Email: iris_mak@phillip-wain.com

COMPANY BACKGROUND

Phillip Wain International was established in 1977, and quickly expanded into the largest deluxe ladies' fitness and beauty club chain in Asia Pacific, providing luxurious and personal space for women.

At the forefront of Southeast Asia's fitness and beauty industry for over two decades, Phillip Wain is dedicated to the physical and emotional well-being of women of all ages and body types. Some of its many services include toning, massages, exfoliation, slimming, and fitness exercise programmes.

Entering its 29th year of service, Phillip Wain launched Inspire for Men by Phillip Wain. Commencing services in July, Inspire offers an array of services including facial treatment, body sculpting, massage, reflexology, manicure and pedicure, as well as sauna rooms. Armed with luxurious facilities and deluxe services, Inspire offers the outer and inner charisma boost that renders you irresistible.

CLUB INFORMATION

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| ➤ Tsim Sha Tsui
5/F Miramar Tower, 1-23 Kimberley Road | 2377 3888 |
| ➤ Causeway Bay
4/F Lee Gardens 2, 28 Yun Ping Road | 2882 7880 |
| ➤ Tai Koo Shing
2/F Cityplaza 4 | 2513 1333 |
| ➤ Causeway Bay (Inspire For Men)
Unit 502, Lee Gardens 2, 28 Yun Ping Road | 2808 4889 |



www.phillipwain.com

BASIC FACILITIES

- ✓ State-of-the-art gymnasium equipment
- ✓ Individual facial and body treatment rooms
- ✓ Individual slimming rooms and equipment
- ✓ Individual massage rooms
- ✓ Spacious lockers rooms



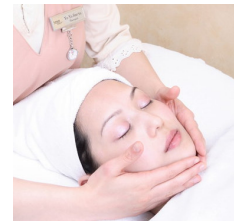
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Gymnasium

SERVICES & AMENITIES

- ✓ Physical Assessment and Fat Test
- ✓ Professional Consultations on health, fitness, slimming and beauty programmes
- ✓ Aerobics classes at all levels, Gyrokinesis, Kick-Boxing, Yoga, Combat etc.
- ✓ Pilates Studio
- ✓ Skin Reviving Light Therapy
- ✓ Facial and Body Treatments
- ✓ Slimming Treatments
- ✓ Massage and Reflexology
- ✓ Hand & Nail Treatments
- ✓ Steam and Sauna
- ✓ Free Lockers (on daily basis), shower, toilette amenities, towels, robes, etc.



OTHER FACILITIES

- ✓ Relaxation Room (with warm water bed and subdue lighting effect for de-stress purpose)
- ✓ Relaxation Lounge
- ✓ Health Juice Bar
- ✓ Sports Boutique



Health Juice Bar



Sports Boutique

MEMBERSHIP & PROGRAMME CATEGORIES

- ✓ Annual Exercise Memberships
- ✓ Beauty Treatment Packages
- ✓ Slimming Treatment Packages
- ✓ Massage & Reflexology Packages
- ✓ Hand & Nail Care Packages

